



Update on Pheochromocytoma (PHEO) and Paraganglioma (PGL): Implications for Clinical Practice

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Disclosure

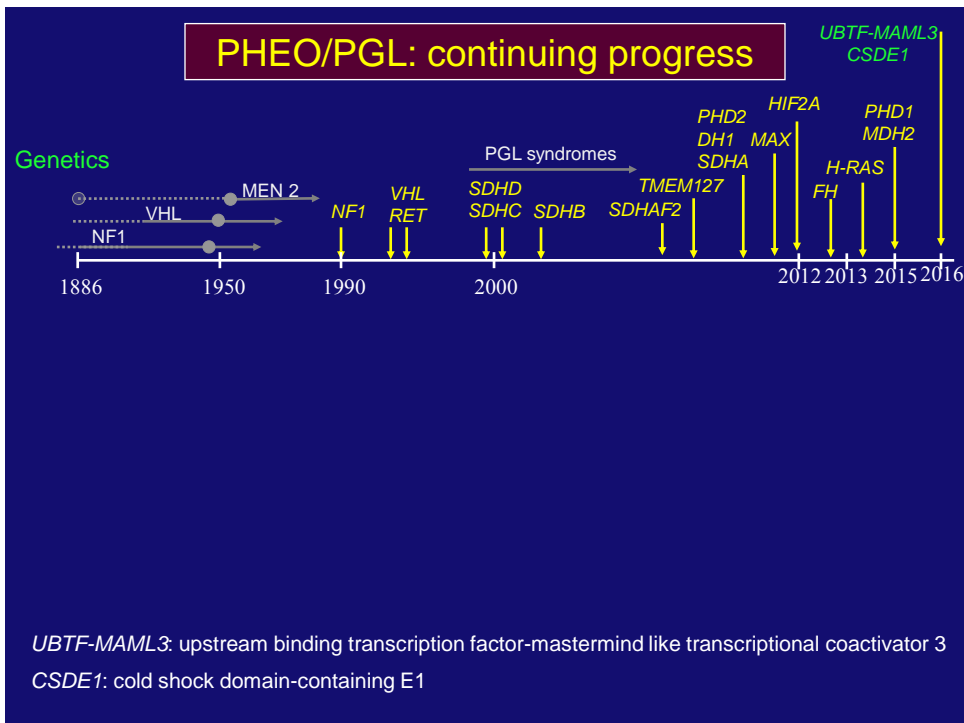
Nothing to disclose

PHEO/PGL: Updated Facts

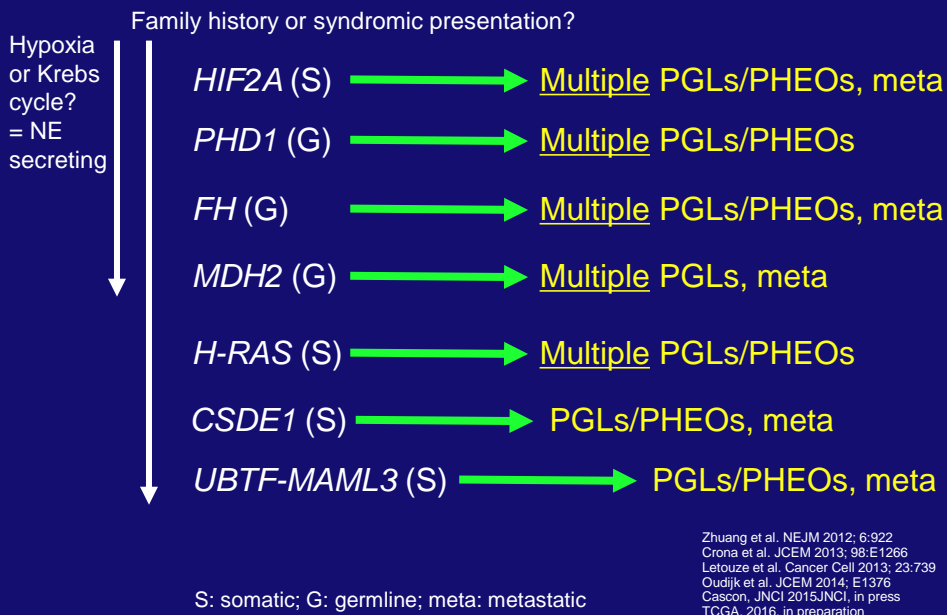
Current important facts:

- In about 70% of PHEOs/PGLs, a genetic defect is known (30% have germline and 40% have somatic mutations); 22 PHEO/PGL susceptibility genes are currently known
- Biochemical dg. and localization is highly successful
- Clinical practice guidelines launched in 2014 & 2016
- New treatments using ^{177}Lu -DOTATATE (Lutathera[®]) and $^{223}\text{Radium}$ dichloride (Xofigo[®]) are on the horizon

Chairs: Pacak, Nathanson, Wilkerson, The Cancer Genome Atlas data, 2016
NIH protocols in preparation



New PHEO/PGL susceptibility genes



Current characteristics of *SDHB/D*-related PHEOs/PGLs

- Mostly extra-adrenal abdominal, some HNPGLs (SDHD), aggressive, multiple, metastatic (if from an abdominal PGL, 40% chance of *SDHB* mutation)
- Most mediastinal, organ of Zuckerkandl, cardiac (78%), and urinary bladder (50%) PGLs
- Kidney cancer (14%)
- Gastrointestinal stromal tumors & pituitary adenomas (PRL, GH) “3P syndrome?”
- Pancreatic neuroendocrine tumors

Auchus et al. Endocr. Relat. Cancer 2009; 16:291
Martucci et al. Urol. Oncol. 2015; 33:167
Martucci et al. Am. J. Cardiol. 2015; 115:1753
Xekouki et al. JCEM 2015; 100:E710
Niemeijer et al. JCEM 2015; 100:1386

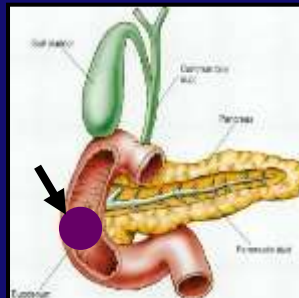
Update on metastatic SDHB and sporadic PHEO/PGL

- 132 patients were included (27 children, 105 adults), 73 had SDHB, 59 were sporadic metastatic PHEO/PGL
- Only 16% of all primary tumors were smaller than 4.5 cm
- In children, metastatic PHEO/PGL was mainly due to SDHB. In adults, tumors were equally distributed between SDHB and sporadic
- 23% of SDHB and 16% of sporadic PHEO/PGL had metastatic disease at initial diagnosis
- Survival: 5 & 10 years: SDHB: 92%/76%; sporadic: 95%/86%

Turkova et al. Endocr. Pract. 2016; 22:302

HIF2A-related new neuroendocrine tumor syndrome

- In all patients, polycythemia presents at birth or early childhood; EPO levels are always elevated
- PGLs: Mostly extra-adrenal multiple abdominal, less commonly PHEOs, median age: 17 years, 29% metastatic, ALL NE-producing
- Somatostatinoma: always in the 2nd portion of the duodenum, median age: 29 years, 40% multiple, 60% metastatic,
- Cholelithiasis in almost all patients
- Cysts in kidney, breast, lung, pancreas in 57% of patients
- Various retinal changes

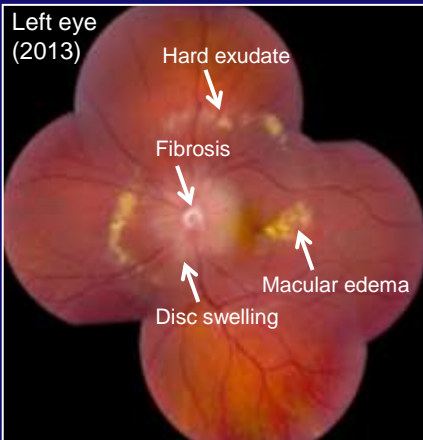


Zhuang et al. NEJM 2012; 367:922-930
Pacak et al. JCO 2013;
Garbrecht et al. Endocr. Relat. Cancer 2008; 15:229
Darr et al., in preparation

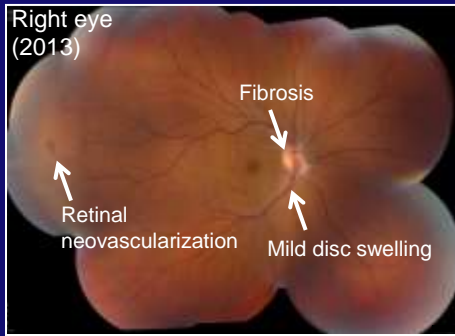
HIF2A: hypoxia-inducible factor 2 α gene (also called **EPAS1**)

HIF2A-related syndrome: Ocular findings

9 y. o.



32 y. o.

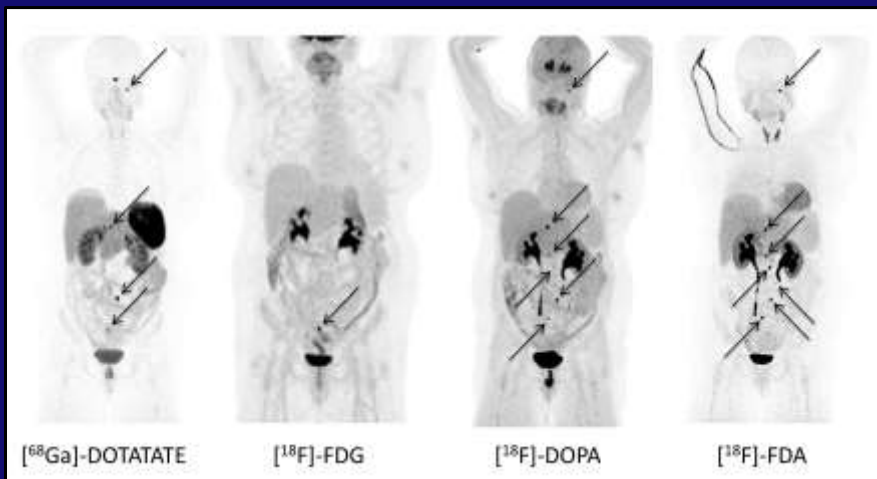


70% of patients were found to have ocular abnormalities.

First successful laser surgery was performed in May 2016 at the NIH.

Pacak et al. Ophthalmology; 2014; 12:2291 & unpublished observations

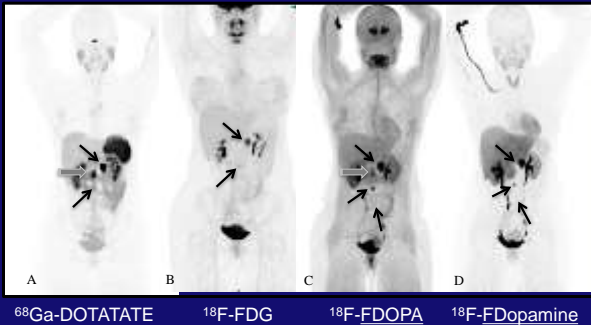
Functional imaging in the localization of PGL/PHEO-related to *HIF2A* mutations



Därret et al., in preparation

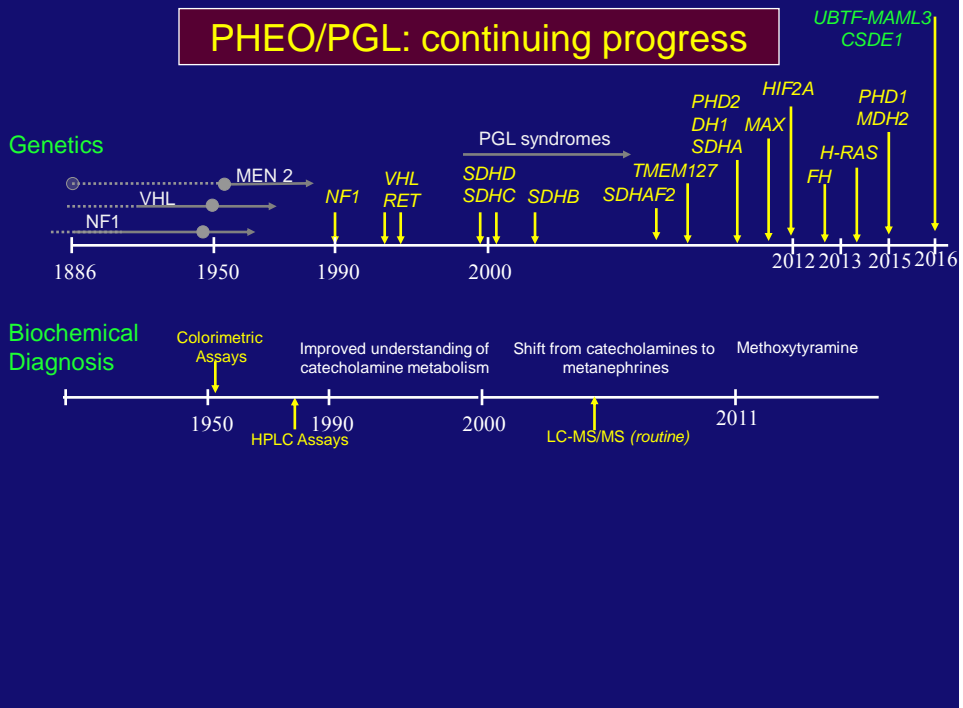
Germline fumarate hydratase (*FH*) mutations

- PHEO/PGL: multiple, also head and neck
- Moderate rate of malignancy (2nd to *SDHB*)
- NE producing tumors
- Papillary renal cell carcinoma, uterine fibroids, leiomyomas

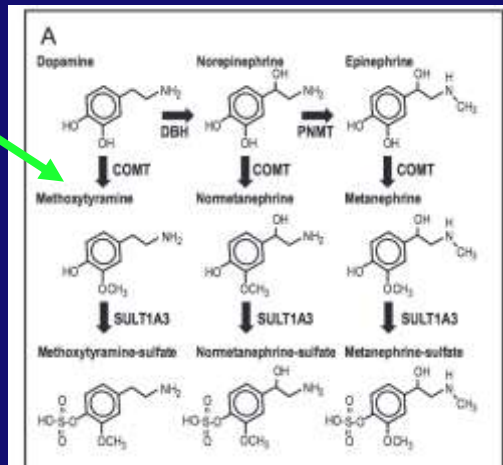


Letouze et al. Cancer Cell 2013; 23:739
 Castro-Vega et al. Hum. Mol. Genet. 2014; 23:2440
 Clark et al. JCEM 2014; 99:E2406
 Nambuba et al. Endocr. Pract.; in press

PHEO/PGL: continuing progress

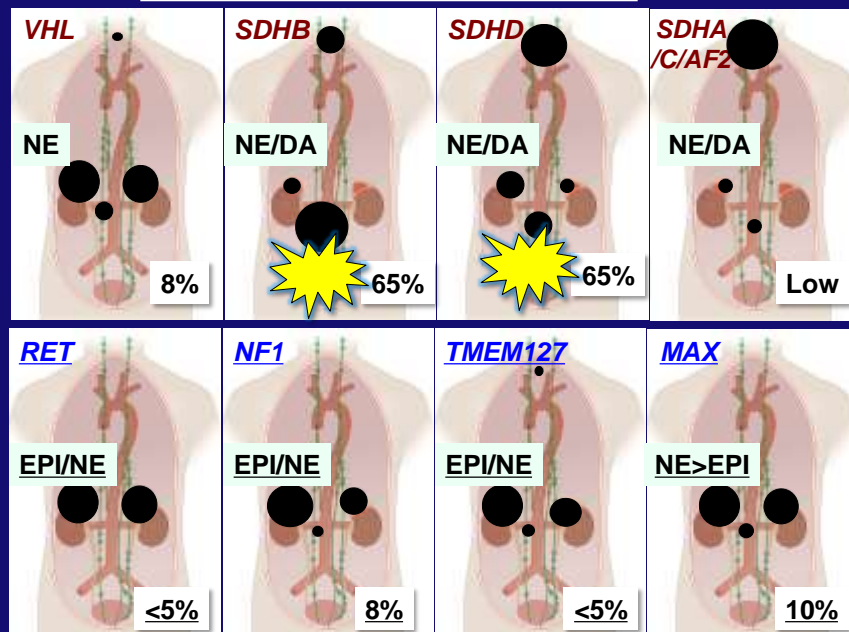


Methoxytyramine (MTY) as a new biomarker in the diagnosis of PHEO/PGL



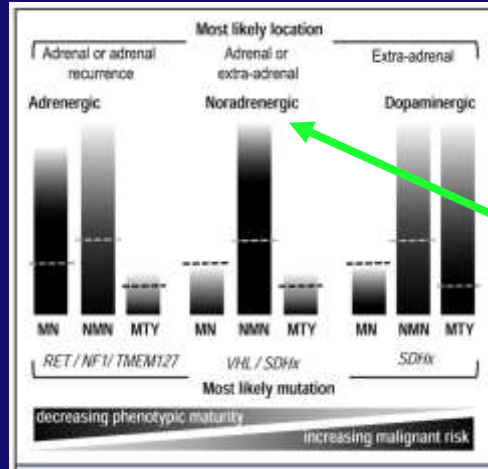
Eisenhofer et al. Clin. Chem. 2014; 60:12

MTY in various PHEOs/PGLs



Adapted from G. Eisenhofer & Neumann et al. Harrison's Principles of Internal Medicine

Biochemical-genetic phenotype



Krebs cycle
(FH, MDH2) and
hypoxia
(HIF2A, PHD1/2)
genes

Eisenhofer et al. Clin. Chem. 2014; 60:12

Are patients with functional PHEO/PGL initially receiving a proper adrenoceptor blockade?

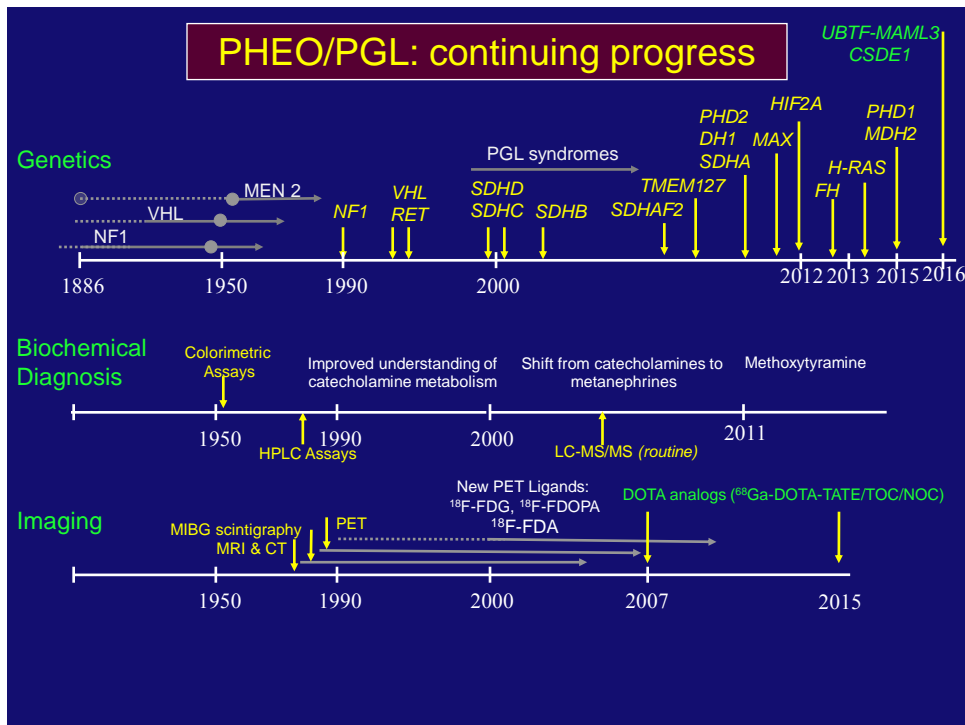
- 381 patients were included
- 69.3% were treated properly (93% received α -adrenoceptor blockade - phenoxybenzamine)

Table 5. Rate of prescription of a proper pharmacological treatment by each subspecialty. Those that managed less than or equal to 10 patients were not included

Subspecialty	Patients, n	Appropriate treatment, n (%)
Endocrinology	226	163 (81)
Surgery	35	19 (54.3)
Internal medicine	24	14 (58.3)
Cardiology	21	9 (42.9)
Family medicine	18	2 (11.1)
Nephrology	18	16 (88.9)
Oncology	15	7 (46.7)
Paediatrics	14	11 (78.6)

- Of those not treated properly, 53% did not receive any form of medication

Vara Luiz et al. Clin. Endocrinol. 2016; in press



PHEO/PGL and somatostatin receptors (SSTRs) imaging

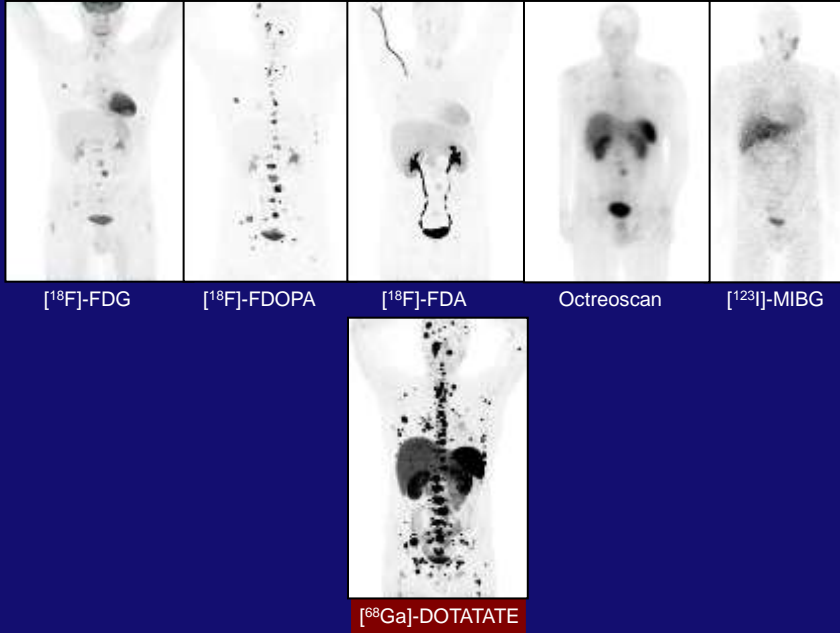
- PHEOs/PGLs express SSTRs (mainly type 2) allowing for the use of Octreoscan scintigraphy (relatively poor spatial resolution)

	SSTR1	SSTR2	SSTR3	SSTR4	SSTR5
PHEO	++/+++ (15-20%)	++/+++ (75-80%)	-	-	+ (5%)
PGL	+++ (20%)	+++ (80%)	-	-	-

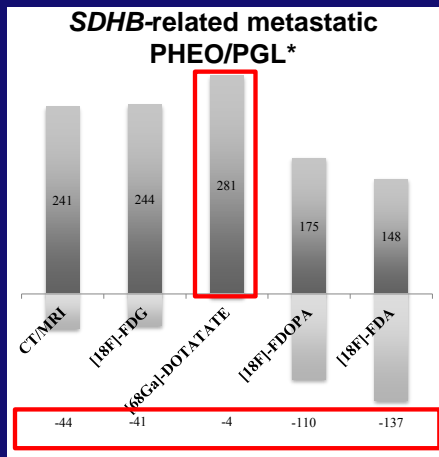
+: level of expression; %: proportion of SSTRs-expressing PHEO/PGL

- SSTR imaging can be performed with PET/CT to improve spatial resolution and sensitivity; PET/CT also provides a more rapid whole-body tomographic imaging, therefore, obtaining a precise anatomic localization

⁶⁸Ga-DOTATATE PET/CT in *SDHB*-related metastatic PGL



⁶⁸Ga-DOTATATE PET/CT performance in patients with *SDHB*-related metastatic PHEO/PGL compared to other imaging modalities



* Only patients in whom all imaging modalities were performed

17 patients with *SDHB*-related metastatic PHEO/PGL were included (imaging comparator: composite of functional and anatomical imaging)

Janssen et al. Clin. Cancer Res. 2015; 21:3888

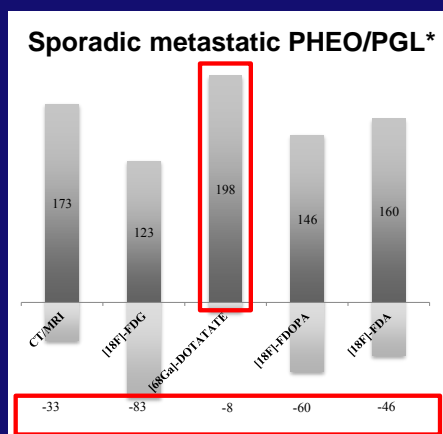
⁶⁸Ga-DOTATATE PET/CT performance in patients with SDHB-related metastatic PHEO/PGL compared to other imaging modalities

Detection rate	[⁶⁸ Ga]-DOTATATE	[¹⁸ F]-FDG	[¹⁸ F]-FDOPA	[¹⁸ F]-FDA	CT/MRI
All compartments	285/289 98.6%	248/289 85.8%	175/285 61.4%	148/285 51.9%	245/289 84.8%
Mediastinum	65/65 100%	57/65 87.7%	39/65 60.0%	39/65 60.0%	55/65 84.6%
Lungs	62/63 98.4%	45/63 71.4%	45/63 71.4%	18/63 28.6%	62/63 98.4%
Abdomen	43/43 100%	40/43 93.0%	31/43 72.1%	19/43 44.2%	33/43 76.7%
Liver	5/5 100%	3/5 60.0%	4/5 80.0%	0/5 0.0%	5/5 100%
Bone	95/98 96.9%	91/98 92.9%	41/94 43.6%	57/94 60.6%	82/98 83.7%

Number of identified lesions and detection rate (%) in 17 patients with SDHB-related PHEOs/PGLs
(imaging comparator: composite of functional and anatomical imaging)

Janssen et al. Clin. Cancer Res. 2015; 21:3888

⁶⁸Ga-DOTATATE PET/CT in sporadic metastatic PHEO/PGL compared to other imaging modalities



* Only patients in whom all imaging modalities were performed

22 patients with sporadic metastatic PHEO/PGL were included
(imaging comparator: composite of functional and anatomical imaging)

Janssen et al., Eur. J. Nucl. Med. Mol. Imaging 2016; in press

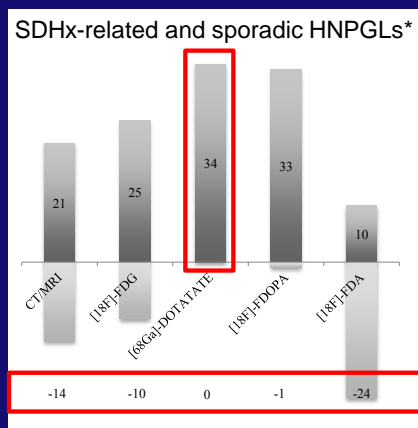
⁶⁸Ga-DOTATATE PET/CT performance in sporadic metastatic PHEO/PGL compared to other imaging studies

Detection rate	[⁶⁸ Ga]-DOTATATE	[¹⁸ F]-FDG	[¹⁸ F]-FDOPA	[¹⁸ F]-FDA	CT/MRI
All compartments	450/461 97.6%	226/461 49.2%	181/242 74.8%	160/206 77.7%	276/461 81.6%
Mediastinum	46/46 100%	26/46 56.5%	17/24 70.8%	21/21 100%	27/46 58.7%
Lungs	89/94 94.7%	52/94 55.3%	52/53 98.1%	26/38 68.4%	89/94 94.7%
Abdomen	74/74 100%	42/74 56.8%	30/41 73.2%	35/38 92.1%	57/74 77.0%
Liver	42/48 100%	6/48 12.5%	11/13 84.5%	9/13 69.2%	45/48 93.8%
Bone	199/199 100%	100/199 50.3%	71/111 64.0%	69/96 71.2%	158/199 79.4%

Number of identified lesions and detection rate (%) in 22 patients with sporadic metastatic PHEOs/PGLs (imaging comparator: composite of functional and anatomical imaging)

Janssen et al., Eur. J. Nucl. Med. Mol. Imaging 2016; in press

⁶⁸Ga-DOTATATE performance in patients with HNPGs compared to other imaging modalities



* Only patients in whom all imaging modalities were performed

20 patients with SDHx-related or sporadic HNPGs were included (imaging comparator: composite of functional and anatomical imaging)

Janssen et al. J. Nucl. Med. 2016; 57:186

⁶⁸Ga-DOTATATE performance in patients with HNPGs compared to other imaging modalities

Detection rate	[⁶⁸ Ga]-DOTATATE	[¹⁸ F]-FDOPA	[¹⁸ F]-FDG	[¹⁸ F]-FDA	CT/MRI
Total	38/38 100%	37/38 97.4%	27/38 71.1%	10/34 29.4%	23/38 60.5%
Jugulotympanic	12/12 100%	11/12 91.7%	8/12 66.7%	4/10 40.0%	5/12 41.7%
Glomus vagale	10/10 100%	10/10 100%	9/10 90.0%	0/10 0.0%	8/10 80.0%
Carotid body	8/8 100%	8/8 100%	6/8 75.0%	3/7 42.9%	7/8 87.5%
Lymph nodes	8/8 100%	8/8 100%	4/8 50.0%	3/7 42.9%	3/8 37.5%

Number of identified head and neck lesions and detection rate (%) in 20 patients with HNPGs (imaging comparator: composite of functional and anatomical imaging)

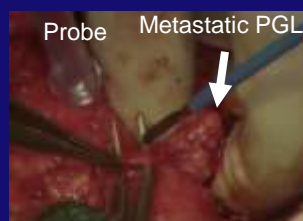
Janssen et al. J. Nucl. Med. 2016; 57:186

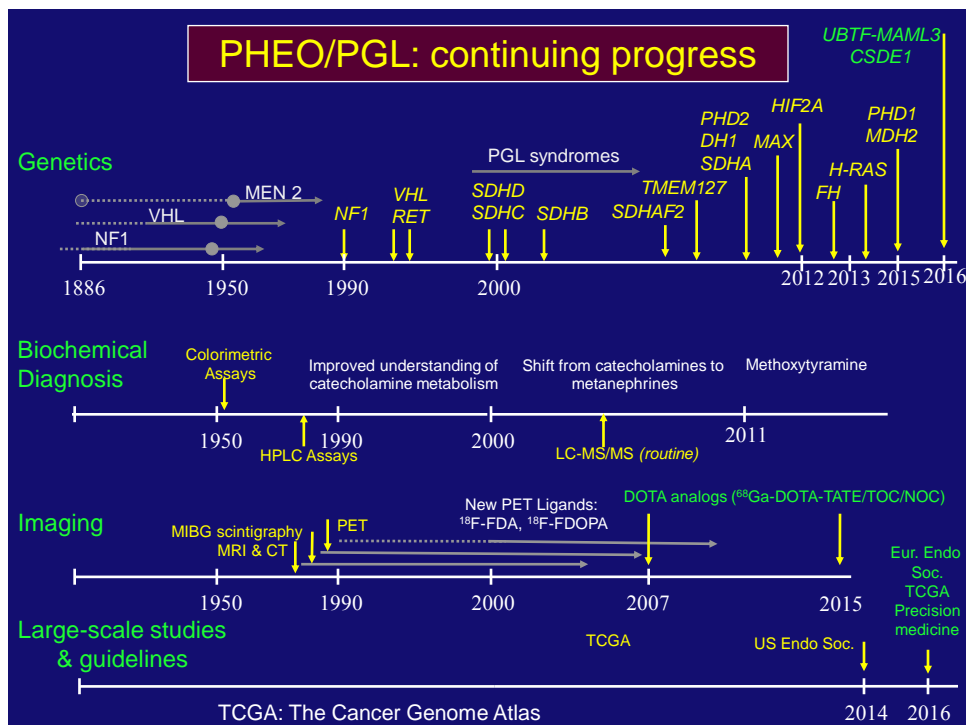
Overall performance of ⁶⁸Ga-DOTATATE PET/CT compared to other imaging modalities

Detection rate	[⁶⁸ Ga]-DOTATATE	[¹⁸ F]-FDG	[¹⁸ F]-FDOPA	[¹⁸ F]-FDA	CT/MRI
Total lesions %	513/525 98%	392/525 75%	325/525 68%	318/525 61%	435/525 83%

Immediate clinical outcome:

- These results suggest modifications in imaging guidelines for metastatic PHEOs/PGLs & HNPGs
- These results also suggest that metastatic PHEOs/PGLs & HNPGs may be targeted by ¹⁷⁷Lu- or ⁹⁰Y-DOTA analogs
- These findings resulted in the use of a gamma probe being used for hidden metastatic PHEOs/PGLs





New European Soc. of Endocrinology guidelines

- All patients with PHEO/PGL should be considered for genetic testing
- Plasma or urine metanephrines to be used for screening
- Follow-up for at least 10 years; high-risk patients (children, genetic disease, large tumors) should have lifelong follow up

“A5 PHEO/PGL Genomic Alliance”

“Together we have a chance, separately we fail”

Aim: To develop a *precision medicine* approach for improved treatment of metastatic PHEO/PGL

Large-scale international study

Multidisciplinary approach

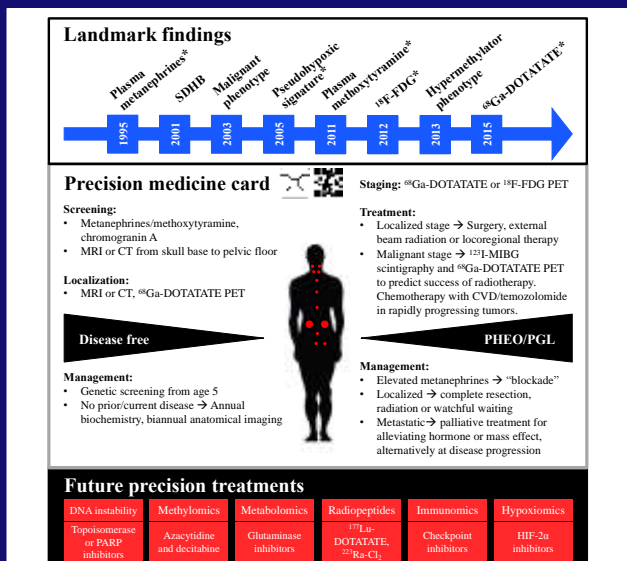
Excellent clinical assessment

Comprehensive molecular analysis of metastatic PHEO/PGL

A5: American-Australian-Asian Adrenal Alliance

Tohill et al. Peter MacCallum Cancer Center, Australia
Else et al. University of Michigan Medical School
NICHD/NIH

Current precision medicine card for SDHB-related PHEO/PGL



“Transforming hope to better lives through precision medicine”

Crona & Pacak, in preparation

Acknowledgements

Many thanks to all the members of my laboratory, scientists, attendings, and the endocrine, oncology, and surgery fellows for Their dedication, passion, and long hours of effort towards those who suffer.

Many thanks to outside co-investigators:

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"Patients are our passion and we are their hope"